# EMBER

SUNDAY	MON	TUESDAY	WEDNESDAY	THURSDAY	FRI	SATURDAY		
Celebrate National Public Lands Day (9/24) at Tennessee Valley, Crissy Field, or Sweeney Ridge. Join our <i>Trails Forever</i> team and other volunteers between 9 AM and 12 NOON; tools, gloves, training, and refreshments provided. For details and to RSVP, contact Denise Shea at 561-3013 or dshea@parksconservancy.org.				1	2	FORT FUNSTON Clean-up Day 9:30 AM Green Team 10 AM-12:30 PM FORT POINT Pier Crabbing 10 AM-12 NOON LANDS END Shipwrecks at the Golden Gate 10-11 AM MUIR WOODS Muir Beach Bird Walk 9-10:30 AM PRESIDIO The Last Gun 11 AM-3 PM CRISSY FIELD CENTER Juana Briones: Una Leyenda, Una Mujer* 1-2:30 PM		
MARIN HEADLANDS Nike Missile Site Open House 12:30–3:30 PM OCEAN BEACH Adopt-a-Beach Clean-up Day 10 AM-12 NOON PRESIDIO The Last Gun 11 AM-3 PM	. 5	PRESIDIO National Cemetery Walk 10 AM-12 NOON	CRISSY FIELD CENTER "Wade into Wetlands" Exhibit Opens 9 AM-5 PM PRESIDIO The Buffalo Soldiers 1-3 PM 7	CRISSY FIELD CENTER Ecological Restoration of the Waterfront 10:30 AM-12:30 PM PRESIDIO Shuttle through Time 12:50-2 PM	9	CRISSY FIELD CENTER First Flight to Hawaii 2–3:30 PM FORT FUNSTON Green Team 10 AM-12:30 PM MUIR WOODS Naturalist Walk 10 AM-1 PM PRESIDIO First Line of Defense 1–2:30 PM		
MARIN HEADLANDS Beginning Birding 9:30–11:30 AM PRESIDIO The Buffalo Soldiers 10 AM–12 NOON History, Heroes, and Houses 1–2:30 PM	12	CRISSY FIELD CENTER Lower Tennessee Hollow Watershed 12 NOON-1:30 PM	14	15	16	CRISSY FIELD CENTER Print Press Impressions 1–4 PM "Estuary": Meet the Artist Reception 2–3 PM FORT FUNSTON Green Team 10 AM–12:30 PM A Million Years in 2 Miles 3–5 PM FORT POINT Pier Crabbing 10 AM–12 N00N MARIN HEADLANDS Landscape Photo Walk 9:30 AM–12:30 PM Sunset Full Moon Walk to Point Bonita Lighthouse 6:30–8:30 PM MUIR WOODS Coastal Clean-Up 9 AM–12 N00N Bones, Bones, Bones 10 AM–12 N00N Crookedest Railroad via Moonlight 6–8:30 PM PRESIDIO Crissy Field Clean-up Day 9 AM Pedaling the Presidio 10 AM–12 N00N		
CRISSY FIELD CENTER Juana Briones, A Legend, A Woman 1–2:30 PM LANDS END Legends of Lands End 12 NOON–3:15 PM MARIN HEADLANDS Tracking Wily Coyote 5:30–8:30 PM MUIR WOODS Watershed Hike 10 AM–1 PM OCEAN BEACH Adopt-a-Beach Clean-up Day 10 AM–12 NOON	3 19	PRESIDIO National Cemetery Walk 10 AM-12 NOON	PRESIDIO Wings Over Crissy Field 1–3 PM	22	23	PARKWIDE National Public Lands Day CRISSY FIELD CENTER Anza Trail Meets Mountain Lake 10–11:30 AM Al Capone Does My Shirts 2–3 PM FORT FUNSTON Green Team 10 AM–12:30 PM MARIN HEADLANDS A Walk with the Hawks 9–11 AM Tennessee Valley Ramble 11 AM–1 PM PRESIDIO Scenes from a Post 9–11 AM Presidio Tree Walk with Peter Ehrlich 10 AM–12 NOON		
MUIR WOODS Take a Hike 10 AM-12 NOON PRESIDIO Wings Over Crissy Field 10 AM-12 NOON Walk on the Wild Side 1-3 PM						Sept 6 Sept 11 Sept 18 Sept 25		
2!	26	27	28	29	30	*Offered in Spanish; English translation available		

# Program Information

# **ALCATRAZ**

Open daily. Join ranger-led programs, use self-guiding brochures, and take an audio tour of the cellhouse to learn about this historic island. A captioned video program of Alcatraz history is shown every 30 minutes in the museum. Transcripts of the cellhouse audio tour are available for hearing-impaired visitors. Phone 561-4900, 9 AM to 4 PM, for program information.

SEAT (shuttle) transport is available for wheelchair users and visitors physically unable to walk up the quarter-mile, 12 percent grade hill. Children under 14 must be escorted by an adult; service animals allowed.

Daily ferry service originates at Pier 41, Fisherman's Wharf. (The cellhouse audio tour can be purchased with ferry tickets.) Visit www.blueandgoldfleet.com or phone 705-5555 for boat schedules and reservations. Note: Alcatraz tickets frequently sell out as much as one week in advance.

Visit Alcatraz's Website: www.nps.gov/alcatraz.

# **ONGOING**

# We Hold the Rock

In 1969, a group of Native Americans began a highly publicized 19month occupation of Alcatraz Island, marking the beginning of the modern Indian movement by America's indigenous people. This award-winning permanent exhibit interweaves photographs, Native American music, historic video clips, and contemporary interviews with former occupiers.

Ranger-led programs are offered daily. Ask at the dock-level ranger station for time, locations, and topics. Following are some examples.

- Alcatraz Is Indian Land
- Escapes
- Fortress Alcatraz
- The Natural Side of the Rock
- 200 Years on the Rock
- US Penitentiary Alcatraz Island

# **Alcatraz Night Tour**

Feel a chill run down your spine as you venture into dark corners of the old island prison—limited to just a few hundred visitors, Alcatraz Night Tour programs include special topics, tours, and

activities not offered during the day. For more detailed information, visit www.parksconservan cy.org. Buy boat tickets well in advance, as they sell out quickly; for tickets, phone Blue and Gold Fleet at 705-5555. For program information, phone 561-4926.

# **Alcatraz Kidz Tourz**

Looking for something fun, unusual, and educational to do with your family? Join us for special family-oriented programs. For more detailed information, visit www.parksconservancy.org. Buy boat tickets well in advance, as they sell out quickly; for tickets, phone Blue and Gold Fleet at 705-5555. For program information, phone 561-4926.

# **CLIFF HOUSE**

Enjoy the views of the Pacific Ocean and Seal Rocks from the public outdoor terraces of the Cliff House. The newly rehabilitated Cliff House Restaurant is open seven days a week for lunch and dinner; phone 386-3330 for reservations. The Camera Obscura on the lower terrace is open seven days a week, weather permitting; phone 750-0415 for more information.

# CRISSY FIELD CENTER

The Center, open Wednesday through Sunday, 9 AM to 5 PM, is operated cooperatively by the National Park Service and the Golden Gate National Parks Conservancy and is dedicated to viewing the environment through multicultural perspectives in partnership with communities. Located in Building 603 at the corner of Mason and Halleck streets in the Presidio, it offers a full roster of interpretive, educational, and environmental programs as well as dropin labs and multicultural events. Programs are free and suitable for all ages unless otherwise noted. For a complete quarterly catalog and registration and scholarship information, please phone 561-7690 or visit www.crissyfield.org. Following is a partial listing of programs. All programs require reservations; phone 561-7752 to register. Programs meet at the Center unless otherwise noted.

#### **INSTALLATIONS & EXHIBITS** Art Installation: "Estuary"

(September 17-October 30) Artist and director Rebecca Haseltine, filmmaker Barbara Klutinis, and cellist Joan Jeanrenaud (formerly of the Kronos

Quartet) create a multisensory experience with drawings, video projection, and sound. In artistic collaboration, they explore the relationship and connection between the human body and nature. Open Wednesday through Sunday, 9 AM-5 PM.

# Exhibit: "Wade into

Wetlands" (September 7-October 30) See what lurks beneath the surface of the remarkable Crissy Field Marsh in this interactive exhibit, which welcomes people of all ages to unlock the mysteries of the marsh. Learn why wetlands are important to the health of the San Francisco Bay. Open Wednesday through Sunday, 9 AM-5 PM.

# **PROGRAMS**

# **Al Capone Does My Shirts**

(9/24) Meet 2005 Newbery Honor recipient Gennifer Choldenko as she shares her story of Moose, a twelve-year-old boy who moves to Alcatraz Island with his family in 1935, when Al Capone was the most notorious of the 300 convicts in this new maximum-security penitentiary.

[Continued on next page]

# **Park Programs**

# O C T O B E R

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Oct 6 Oct 10 Oct 17 Oct 25  *Offered in Spanish; English translation available						FORT FUNSTON Clean-up Day 9:30 AM Green Team 10 AM-12:30 PM FORT POINT Pier Crabbing 10 AM-12 NOON MUIR WOODS Muir Beach Bird Walk 9-10:30 AM PRESIDIO Presidio Birdlife 9:30-11:30 AM The Last Gun 11 AM-3 PM CRISSY FIELD CENTER La Cosecha y el Cambio de Temporada* 1-2:30 PM
MARIN HEADLANDS Nike Missile Site Open House 12:30–3:30 PM OCEAN BEACH Adopt-a-Beach Clean-up Day 10 AM—12 NOON PRESIDIO The Last Gun 11 AM—3 PM		PRESIDIO National Cemetery Walk 10 AM-12 NOON				CRISSY FIELD CENTER Caminemos del Presidio a la Mission Dolores* Presidio-to-Mission Walk 10 AM-1 PM FORT FUNSTON Green Team 10 AM-12:30 PM LANDS END Shipwrecks at the Golden Gate 10-11 AM MARIN HEADLANDS Five Ways to Stop a Bulldozer! 10-11 AM
2	3	4	5	6	7	8
MUIR WOODS Watershed Hike 10 AM-1 PM PRESIDIO History, Heroes, and Houses 1-2:30 PM		PRESIDIO Tennessee Hollow Watershed 12 NOON-1:30 PM	PRESIDIO Barracks, Buildings, and Bunkers 1–3 PM	CRISSY FIELD CENTER Ecological Restoration of the Waterfront 10:30 AM-12:30 PM PRESIDIO Shuttle through Time 12:50-2 PM		FORT FUNSTON Green Team 10 AM-12:30 PM A Million Years in 2 Miles 3-5 PM FORT POINT Pier Crabbing 10 AM-12 NOON PRESIDIO Crissy Field Clean-up Day 9 AM
9	10	11	12	13	14	15
MARIN HEADLANDS Beginning Birding 9:30-11:30 AM Pumpkin Time! 10 AM-12 NOON MUIR WOODS Naturalist Walk 10 AM-1 PM OCEAN BEACH Adopt-a-Beach Clean-up Day 10 AM-12 NOON PRESIDIO Barracks, Buildings, and Bunkers 10 AM-12 NOON Fall Mystery Hike 1-3 PM	MARIN HEADLANDS Sunset Full Moon Walk to Point Bonita Lighthouse 5:45-7:45 PM MUIR WOODS Muir Woods by Moonlight	PRESIDIO National Cemetery Walk 10 AM-12 NOON	100			FORT FUNSTON Green Team 10 AM-12:30 PM PRESIDIO Walk on the Wild Side 1-3 PM
16	6-8 PM 17	18	19	20	21	22
LANDS END Legends of Lands End 12 NOON-3:15 PM	24		PRESIDIO The Buffalo Soldiers 1–3 PM			MARIN HEADLANDS Harvest Festival and Halloween Mask Workshop 1–3 PM MUIR WOODS Gravity Car Hike 10 AM–2 PM PRESIDIO
	PRESIDIO Presidio Ghost Stories					Heart of the Presidio 10-11:30 AM
30	6-7:30 PM 3 1	25	26	27	28	29

# **Program Information**

Anza Trail Meets Mountain Lake (9/24) Travel back in time with Commander Juan Bautista de Anza on an hour-long, I-mile hike to the beginning of San Francisco's modern history. Free; registration required.

Caminemos del Presidio a la Mission Dolores (10/8) Acompañe a la Guarda Parques Fatima Colindres en un paseo de cuatro milias de regreso a los tiempos Espanoles y Mexicanos. Despues del paseo disfrute de la fiesta de cumpleaños 229 de la Mission Dolores. El paseo comienza en frente del Presidio Visitor Center (Officers' Club) 50 Moraga, en el Presidio de San Francisco y culmina en la Mission Dolores. Los participantes deberan proveer su propio regreso al parque. Toda la familia beinvenida. Traigan coches de bebe si van a traer ninos pequenos. Presentado en ingles y español.

# **Crissy Field Aviation Walk**

(10/15) Explore Crissy Field and learn about its role in early aviation history on this easy, 1-mile walk. Meet Docent Don Gray at the Warming Hut, end of Mason Street. Reservations required. &

**Ecological Restoration of the Waterfront** (9/8, IO/13, II/IO) On this easy, 2-mile walk, we will

savor the wind, tides, sand, plants, and people that affect this ecosystem. Rain cancels. Meet Docent Bob Halsey at the corner of Halleck and Mason in front of the Center. Reservations required.

First Flight to Hawaii (9/10) Learn about the first flight from the mainland to Hawaii. Hear of the trouble and the triumph of this historic flight. Meet Ranger Marcus Combs at the Center. Reservations required. &

Harvest and the Change of Seasons (11/20) Enjoy a story-telling walk around the marsh. Hear cultural legends, traditions, and beliefs about harvest time and how it is celebrated around the world. Families with children ages 5 to 10. Meet Ranger Fatima Colindres at the Center. Reservations required.

Juana Briones, A Legend, A Woman (9/18) Join Ranger Fatima Colindres on a walk to El Polin Spring picnic area and learn more about Juana's life and the recent archeological discoveries at this site, which take us back to the earliest days of San Francisco. Families with children 7 and up. Meet at the Center; walk ends at El Polin Spring. Reservations required. Juana Briones: Una Leyen da, Una Mujer (9/4) Acompañeme en un paseo recordando a una mujer legendaria en la historia del Presidio. Caminaremos hasta llegar al Polín, uno de los lugares donde residió Juana Briones. Paseo comienza en Crissy Field Center y culmina en El Polín. Familias con niños de 7 años o más. Meet Ranger Fatima Colindres at the Center. Reservations required.

La Cosecha y el Cambio de Temporada (10/2) Venga y disfrute de un paseo lleno de cuentos culturales mientras caminamos alrededor de la cienega. Eschuche leyendas, tradiciones y creyencias sobre el tiempo de cosecha y como es celebrado alrededor del mundo. Familias con niños de 5 años a 10. Meet Ranger Fatima Colindres at the Center. Reservations required.

Legends of the Night: Dia de los Muertos walk ( $\pi$ /5) Celebrate El Dia de los Muertos (Day of the Dead) by remembering our ancestors on a story filled, lanternlit walk. Listen to spine-tingling stories about the moon, water, and spirits. Families with children 7 and up. Meet Ranger Fatima Colindres at the Center. Reservations required. &

Leyendas de la Noche: Dia de los Muertos (11/6) Celebremos el Día de los Muertos en un paseo alumbrado por linternas.
Recordemos nuestros antepasados escuchando leyendas culturales sobre la luna, el agua y los espíritus. Familias con niños de 7 años o mas. Meet Ranger Fatima Colindres at the Center. Reservations required. &

Lower Tennessee Hollow Watershed (9/13) Discover little-known El Polin Spring on a moderate, 1-mile, lunch-hour walk. Explore the history of this unique ecosystem. Rain cancels. Meet the docent at the Center. Reservations required.

Presidio-to-Mission Walk

(10/8) Join Ranger Fatima Colindres on a 4-mile walk back in time to the Spanish and Mexican eras. Walk begins in the Presidio and ends at Mission Dolores, where you are welcome to stay and enjoy the mission's 229th Birthday Fiesta. (Participants must make their own return-trip arrangements.) Bring strollers if your group includes small children. Program presented in English and Spanish. Meet in front of the Presidio Officers' Club.

**Print Press Impressions** (9/17) Make a lasting impression by combining natural materials with salvaged items to create wonderfully rich and mysterious prints. Fee: \$15 per person, pre-registration required.

# FORT FUNSTON

For information, phone 561-4323.

# ONGOING

Fort Funston Clean-up Day (9/3, 10/1, 11/5) Bring dogs, friends, and family to help keep Fort Funston clean of litter and dog waste; held in conjunction with Fort Funston Dogwalkers. Bring gloves; trash bags provided. Volunteers meet the first Saturday of the month at 9:30 AM in the parking lot. Phone Fort Funston Dogs at 468-1262 for more information and to confirm event, as it is occasionally rescheduled.

# Fort Funston Green Team

Restoring the habitats that once dominated San Francisco's dunes, Fort Funston's Green Team is propagating and planting up a storm. Food, friends, and fun every Saturday morning at the ranger station from 10 AM to 12:30 PM. Reservations suggested; phone 239-4247.

[Continued on next page]

# NOVEMBER

SUNDAY	MON TUESDAY		WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
		1	2	3	4	CRISSY FIELD CENTER Legends of the Night: Dia de los Muertos Walk 5-7 PM FORT FUNSTON Clean-up Day 9:30 AM Green Team 10 AM-12:30 PM MUIR WOODS Muir Beach Bird Walk 9-10:30 AM PRESIDIO The Presidio Rocks 10 AM-12 NOON The Last Gun 11 AM-3 PM  5	
CRISSY FIELD CENTER Leyendas de la Noche: Dia de los Muertos* 5-7 PM MARIN HEADLANDS Nike Missile Site Open House 12:30-3:30 PM Kirby Campfire 4:30-6:30 PM OCEAN BEACH Adopt-a-Beach Clean-up Day 10 AM-12 NOON PRESIDIO Wings Over Crissy Field 10 AM-12 NOON		PRESIDIO Tennessee Hollow Watershed 12 NOON-1:30 PM		CRISSY FIELD CENTER Ecological Restoration of the Waterfront 10:30 AM-12:30 PM PRESIDIO Shuttle through Time 12:50-2 PM	PRESIDIO National Cemetery Walk 10 AM-12 NOON	FORT FUNSTON Green Team 10 AM-12:30 PM A Million Years in 2 Miles 2-4 PM LANDS END Shipwrecks at the Golden Gate 1-2 PM PRESIDIO General Pershing's Presidio 1-2:30 PM	
The Last Gun 11 AM-3 PM History, Heroes, and Houses 1-2:30 PM	7	8	9	10	11	12	
MARIN HEADLANDS Beginning Birding 9:30–11:30 AM PRESIDIO Patriotism and Prejudice 1–3 PM		MARIN HEADLANDS Sunset Full Moon Walk to Point Bonita Lighthouse 4:15-6:15 PM MUIR WOODS Muir Woods by Moonlight	PRESIDIO The Buffalo Soldiers 1–3 PM			FORT FUNSTON Green Team 10 AM-12:30 PM MARIN HEADLANDS Point Bonita's Angle of Repose 9:30 AM-12 NOON Scrub-to-Beach Exploration Hike 11 AM-1 PM PRESIDIO Crissy Field Clean-up Day 9 AM Letterman Legacy 1-2:30 PM	
13	14	4:30–6:30 PM <b>15</b>	16	17	18	19	
CRISSY FIELD CENTER Harvest and the Change of Seasons 1–2:30 PM OCEAN BEACH Adopt-a-Beach Clean-up Day 10 AM–12 NOON		PRESIDIO National Cemetery Walk 10 AM-12 NOON				FORT FUNSTON Green Team 10 AM-12:30 PM FORT POINT Candlelight Tour 6:30-8 PM MARIN HEADLANDS Five Ways to Stop a Bulldozer! 10-11 AM MUIR WOODS Post-Thanksgiving Hike 10 AM-2 PM	
20	21	22	23	24	25	26	
			PRESIDIO Barracks, Buildings, and Bunkers 1–3 PM			Nov 2 Nov 9 Nov 16 Nov 23	
27	28	29	30			*Offered in Spanish; English translation available	

# **Program Information**

# **PROGRAM**

# A Million Years in 2 Miles

(9/17, 10/15, 11/12) The San Andreas Fault has been "remodeling" the cliffs of Fort Funston for over one million years. Join a talk on the dynamics of the San Andreas Fault Zone and a moderate 2-mile hike along the beach. Bring water. Meet Docent Jim Hyde at the ranger station. Reservations required; phone 561-4323.

# **FORT POINT**

During the retrofit of the Golden Gate Bridge, the fort will be open on Friday, Saturday, and Sunday only, from 10 AM to 5 PM. Phone 556-0505 to verify open hours.

Visit Fort Point's Website: www.nps.gov/fopo/home.htm.

# ONGOING

# "Building the Golden Gate Bridge"

Video made by Bethlehem Steel Company on the construction of this national engineering landmark. & **GO** 

#### Cannon Loading Demonstrations

During a Civil War artillery drill, learn how soldiers were taught to load and fire a Napoleon 12pounder cannon. "Fort Point, Guardian of the Golden Gate" Award-winning 30-minute video program about the history of Fort Point from 1776 through World War II. Shown throughout the day in the theater. & 👀

The Fort Point staff offers a variety of programs. A schedule is posted at the entrance to the fort.

# **PROGRAMS**

**Pier Crabbing** (9/3, 9/17, 10/1, 10/15) Learn about crabbing in the San Francisco Bay. We'll discuss equipment, bait, and regulations and let you try your luck with our nets. Reservations required; phone 556-0505.

**Candlelight Tour** (II/26) See Fort Point by the light of candles and stars. On the tour, we'll explore the fort and talk about military history in the San Francisco Bay. Reservations required; phone 556-0505.

# LANDS END

For information, phone 561-4323.

# PROGRAMS

Legends of Lands End (9/18, 10/23) Take a 3.5-mile, strenuous hike and discover how individuals, time, and nature have left their marks at the crossroads of

land and sea. Bring binoculars. Rain cancels. Limited to 20 people. Meet Docent Wolfgang Schubert at the Lincoln Park Golf Course Clubhouse, 34th Avenue and Clement. Reservations required; phone 561-4323.

Shipwrecks at the Golden Gate (9/3, 10/8, 11/12) On a moderately strenuous hike, see and learn about some of the ships that perished on the rocky cliffs of the Golden Gate, just north of 48th and Point Lobos avenues. Meet Docent Rich Harned at the USS *San Francisco* Memorial parking lot on El Camino del Mar, Reservations required; phone 561-4323.

# **MARIN HEADLANDS**

The visitor center is open daily, 9:30 AM to 4:30 PM. We invite you to begin your exploration of the park here. Our award-winning exhibits introduce you to the park's stories. Unless otherwise noted, all programs require reservations. For general program information and to make reservations, phone 331-1540.

Visit Marin Headlands' Website: www.nps.gov/goga/mahe/.

# ONGOING

**Nike Missile Site** (9/4, 10/2, 11/6) Open the first Sunday of each month, and Wednesday, Thursday, and Friday afternoons from 12:30 to 3:30 PM. On-leash pets are welcome. For updated visiting hours or tours, phone ahead: 331-1453. Buildings above ground are accessible &.

Visit the Nike Missile Website: www.nps.gov/goga/mahe/nimi.

# Point Bonita Lighthouse

Open each Saturday, Sunday, and Monday, 12:30 to 3:30 PM. Meet Point Bonita docents along the lighthouse trail. This hidden, historic setting offers breathtaking views and many stories. The halfmile trail is steep in places. For more information, phone 331-1540.

# **PROGRAMS**

Beginning Birding (9/II, 10/16, II/13) Join birder Jane Haley to learn which fall migrants stop at Rodeo Lagoon on their way north. For ages 8 and up. Meet at the Marin Headlands Visitor Center. For reservations, phone 33I-1540.

Five Ways to Stop a Bulldozer! (10/8, 11/26) Learn how local citizens saved the Marin Headlands from development and helped create this national park. Meet Ranger Roxi

Farwell at the Marin Headlands Visitor Center. For reservations, phone 331-1540. ₺

#### Harvest Festival and Halloween Mask Workshop

(10/29) Make masks for the season using non-native materials found around the Headlands. Meet artist Katrina Wagner at the Marin Headlands Visitor Center. Reservations required, phone 331-1540. &

Kirby Campfire (11/6) Bring the family and explore scenic Kirby Cove and beach at dusk. Then join park rangers and volunteers for stories, songs and s'mores around an autumn fire. Bring a flashlight, beverage, and a story to share if you like. S'mores provided. Space is limited and reservations are required; phone 331-1540.

# Landscape Photo Walk (9/17)

Trek up a short, steep hill to capture spectacular views of the Golden Gate Bridge, San Francisco, and the bay. Look in the other direction for a sweeping view of Rodeo Valley out to the Pacific. Meet Al Greening at the Marin Headlands Visitor Center for this moderate 2-mile walk. For reservations, phone 331-1540.

[Continued on next page]

# **Program Information**

#### Point Bonita's Angle of

Repose (II/19) Steep cliffs along the path to the lighthouse contain many clues to how an unstable landscape seeks its "angle of repose." On this 1-mile hike, discover the past and present challenges of living with stormy seas and unpredictable rocks. Meet Ranger Roxi Farwell at the Point Bonita trailhead. Reservations required; phone 331-1540.

Pumpkin Time! (10/16) Bring the whole family—and a pumpkin or two—and join us as we celebrate an Irishman named "Stingy Jack." With Ranger Bob, learn to paint, carve, and decorate this popular fruit and share some Halloween folklore and recipes. Meet at the Marin Headlands Visitor Center. Program limited to 30 people and reservations are required; phone 33I-1540.

#### **Scrub-to-Beach Exploration**

Hike (II/19) We'll rove the lagoon, valley, and beach, seeking what's "uniquely Headlands." Meet Katrina Wagner at the Marin Headlands Visitor Center for this moderate 3-mile hike. Reservations required; phone 331-1540.

Sunset Full Moon Walk to Point Bonita Lighthouse (9/17, 10/17, 11/15) Greet the rising moon at this wild edge of the continent. The half-mile trail is steep in places. Meet park staff and docents at the Point Bonita Lighthouse trailhead. Reservations required; phone 331-1540.

Tennessee Valley Ramble (9/24) On a moderate 2-mile, one-way hike to the beach, examine patterns of life on the landscape and imagine how humans have figured in the picture over time. Stay and enjoy lunch on the beach, or hike back at your own pace. Meet Katrina Wagner at the Tennessee Valley trailhead. Reservations required; phone 331-1540.

Tracking Wily Coyote (9/18) Join Steffen Bartschat at the Tennessee Valley trailhead for a strenuous 6-mile roundtrip hike to enjoy the sunset and greet a nearly full moon. We will learn more about the coyote, one of the Headlands' newer residents. Bring flashlights, water, and a snack. Limited to 25 people (no dogs, please). Reservations required; phone 331-1540.

A Walk with the Hawks (9/24) What brings thousands of raptors through the Marin Headlands each fall? On this leisurely 2-mile hike, we will learn how to spot a high-flying raptor and consider some migration mysteries! Meet Ranger Roxi Farwell at the Marin Headlands Visitor Center. Reservations required; phone 331-1540.

# **MILAGRA RIDGE**

The Milagra Ridge trailhead is at the north end of College Drive in Pacifica. Take Sharp Park Road west from Skyline Drive (Highway 35) and turn right at College Drive. On-leash pets are welcome. For information, phone 561-4323.

# **MORI POINT**

Mori Point's trailhead is at the south end of Bradford Way in Pacifica, just south of Sharp Park and west of Highway I. For information, phone 561-4323.

# **MUIR WOODS**

Muir Woods is open every day, including holidays. Park hours are 8 AM to 8 PM through September 10; 8 AM to 7 PM through October 15; and 8 AM to 5 PM through November 30. The visitor center opens at

9 AM and closes half an hour before the park. There is a \$3 entrance fee for adults (17 and up).

#### **ONGOING**

Daily Programs: Rangers and volunteers present 15-minute ecology talks and guided 1-hour tours when staffing permits. Check the program board at the park entrance for times and locations. No reservations necessary.

Young people between the ages of 6 and 12 may become Muir Woods Junior Rangers. Ask about this program at the information table or in the visitor center.

Phone the Muir Woods Hotline (388-2595) for updates on hours, seasonal news, trail conditions, and special program details.

Muir Beach and Muir Beach Overlook are open from 9 AM to one hour after sunset.

For program reservations, please phone 388-2596. Visit Muir Woods' expanded website: www.nps.gov/muwo/home.htm.

#### **PROGRAMS**

Bones, Bones, Bones (9/17) Meet Roadkill Nancy Valente on the deck next to the gift shop and view her collection of bones and skulls from various animals. A hands-on experience for all ages. &

# Coastal Clean Up (9/17)

Volunteer to clean your favorite beach and enjoy a complimentary BBQ afterwards. Phone 388-2596 to learn about opportunities to help at this statewide event.

Crookedest Railroad via
Moonlight (9/17) Walk the historic route of the old railroad to
Muir Woods at day's end to learn
about such early characters as
John Muir, William Kent, and
Alice Eastwood. This is a moderately strenuous 5-mile roundtrip
hike. Meet Ranger Mia Monroe
at the Mountain Home Inn parking lot. Reservations required.

# Gravity Car Hike (10/29)

Discover how visitors in the 1900s reached Muir Woods by way of the thrilling Gravity Car. Join Docent Evelyn Rose on a moderate one-way hike (2 miles) to follow the Gravity Car route. Hike ends in Muir Woods. Please phone for reservations and meeting place.

Muir Beach Bird Walk (9/3, 10/1, 11/5) Join the Ong family on an easy 1-mile walk to view birds in coastal, riparian, and lagoon habitats. Suitable for beginning through advanced birders. Families with children age 8 and older are also welcome. Bring binoculars if you have them. Rain cancels. Meet at Muir Beach parking lot. Reservations required.

# Muir Woods by Moonlight

(10/17, 11/15) Explore the magic of Muir Woods under a full moon, learning about the secret nightlife of an old-growth redwood forest. Bring a flashlight. Children under 8 years not advised. Less than 2 miles round-trip, flat and paved. Reservations required.

Naturalist Walk (9/10, 10/16) Join Robert Mackler for a moderate 3- to 5-mile walk to learn about the climate, geology, and habitats of Muir Woods. The focus will be on the redwood community. This walk is intended for adults and responsible teens. Reservations required.

**Post-Thanksgiving Hike** (11/26) Waddle off those extra holiday pounds on this moderately stren-

uous 6- to 8-mile hike through Muir Woods and up the slopes of Mount Tamalpais. Meet Ken Lavin at the visitor center. Reservations required.

Take a Hike (9/25) Join Ranger Roger Goldberg on a moderately strenuous 4-mile round-trip hike to see the best of Muir Woods. Starting at the visitor center, we will hike up the Ocean View Trail and down the Lost and Fern Creek trails. Reservations required.

Watershed Hike (9/18, 10/9) Join Catherine Ramberg for a moderately strenuous 6-mile round-trip hike through the ancient redwood forest and up into the tributary valleys of Redwood Creek. We will discover the natural beauty of the watershed and learn some historical tidbits. Reservations required.

#### **OCEAN BEACH**

For information, phone 561-4323.

### **ONGOING**

Adopt-a-Beach Clean-up Day (9/4, 9/18; 10/2, 10/16; 11/6, 11/20) Help clean up Ocean Beach in conjunction with the San Francisco Chapter of the Surf Riders. Bring gloves; trash bags are provided. Volunteers meet on Ocean Beach at different locations, the first and third Sunday of each month. Phone 665-4155 for more information and locations.

#### **PACIFICA**

A multiagency visitor center, located in the Pacifica Chamber of Commerce office at Rockaway Beach, is open seven days a week. It offers exhibits and information on recreational activities throughout the Pacifica area. Phone (650) 355-4122 for directions and more information.

# PHLEGER ESTATE

For information, phone 561-4323.

# **PRESIDIO**

The Presidio Visitor Center is located in the Presidio Officers' Club, Building 50, Moraga Avenue, in the Main Post area and is open daily, 9 AM to 5 PM. For information and to make program reservations, phone 561-4323.

# **ONGOING**

# Crissy Field Clean-up Day

(9/17, 10/15, 11/19) Bring dogs, friends, and family to this once-amonth event and help keep Crissy Field clean of litter and dog waste. Bring gloves, trash bags provided. Clean-up areas include the east and central beaches and the promenade area. Volunteers meet the third Saturday of the month at 9 AM at the East Beach parking lot picnic tables. Email Crissy Field Dogs at crissyfielddogs@sbcglobal.net for more information and to confirm event, as it is occasionally rescheduled.

The Last Gun (9/3–4, 10/1–2, 11/5–6) How can a 50-ton gun "disappear"? Learn while helping load and aim the last operational gun of its kind. Photos of the century-old Endicott system batteries in action are on display in an underground cartridge room, 11 AM to 3 PM. From 1 to 2 PM, attend an illustrated talk on the "Guns of San Francisco" and see how these gun emplacements protected San Francisco. Located at Battery Chamberlin, north end of Baker Beach parking lot.

### **PROGRAMS**

Barracks, Buildings, and Bunkers (10/12, 10/16, 11/30) This moderate 1.5-mile Main Post tour will focus on the evolution of Presidio architecture, from Ohlone dwellings to the Letterman Digital Arts Center. Meet Ranger Rik Penn at the visitor center, located

in the Officers' Club.

The Buffalo Soldiers (9/7, 9/II, IO/26, II/I6) Learn how the African-American "Buffalo Soldiers" contributed to our country's rich history on a moderate, Imile walk. Meet Ranger Rik Penn at the visitor center located in the Officers' Club.

Fall Mystery Hike (10/16) If you think you know the Presidio, you'll be captivated by this moderate 3-mile saunter up and down the park. Meet Ranger James Osborne at the Warming Hut, end of Mason Street.

First Line of Defense (9/10) The story of the Presidio and the Western Defense Command during World War II. Join a moderate 1.5-mile walk with steep steps. Meet Docent Bob Bowen at the flagpole near Arguello Boulevard and Moraga Avenue.

General Pershing's Presidio (11/12) Visit sites from "Black Jack" Pershing's time and learn about army life at the Presidio in the years just prior to World War I on an easy 1.5-mile walk. Meet Docent Bob Bowen at the flagpole near Arguello Boulevard and Moraga Avenue. &

Heart of the Presidio (10/29) Join an easy 1-mile walk and venture into the past of the Main Post area of the Presidio. Meet Ranger Marcus Combs at the visitor center, located in the Officers' Club.

# History, Heroes, and Houses

(9/II, 10/9, II/6) Explore the heart of the Presidio and learn about this former army post's past and its future on an easy I-mile walk. Rain cancels. Meet Docent Jim Farquharson at the visitor center, located in the Officers' Club. Reservations required. &

Letterman Legacy (II/I9)

Learn about Letterman Hospital's history and its future while walking around the new and old buildings. Meet Ranger Marcus Combs at the corner of Lincoln and Presidio. &

National Cemetery Walk (9/6, 9/20; 10/4, 10/18; 11/11, 11/22) Hear about Medal of Honor recipients, a Union spy, an Indian scout, Buffalo Soldiers, and others buried here. This I-mile walk has a steep uphill climb. Meet Docent Galen Dillman for this program. Call for meeting place. Reservations required.

Patriotism and Prejudice (11/13) Japanese-American soldiers trained here for intelligence work and were sent to war as their families were moved to internment camps. Learn about this paradox on an easy, half-mile walk. Meet Ranger James Osborne at Crissy Field Center, corner of Halleck and Mason Streets. &

Pedaling the Presidio (9/17) Cycle through time. Spin your pedals and explore history and scenery on this 6-mile, moderately strenuous bicycle ride through the Presidio. Helmet required. Meet Ranger James Osborne at the visitor center, located in the Officers' Club. Reservations required. Presidio Birdlife (10/1) See and learn about the diverse Presidio birdlife on a moderate 1-mile walk. Meet Ranger Will Elder at Crissy Field Center, corner of Halleck and Mason streets.

Presidio Ghost Stories (10/31) Explore the Presidio by candlelight and listen to tales of mystery and intrigue. Not for children or the easily frightened! Costumes encouraged. Bring flashlights; rain cancels. Meet Ranger Rik Penn at the Old Post Hospital, corner of Lincoln Blvd. and Funston Ave. Reservations required.

The Presidio Rocks (11/5) Learn the 160-million-year story that underlies the Presidio on this 2-mile, moderately strenuous walk. Meet Ranger Will Elder at Crissy Field Center, corner of Halleck and Mason Streets. Reservations required.

Presidio Tree Walk with Peter Ehrlich (9/24) Learn about the trees in the Presidio with Presidio Trust forester Peter Ehrlich. Meet at the Presidio Officers' Club. Walk concludes near the Lombard Gate. Take the PresidiGo shuttle back to the Officers' Club. For more information, contact Peter at 561-4299.

Scenes from a Post (9/24) Work on your photographic technique while exploring hidden architectural and natural treasures on a moderate 2-mile walk. Meet Ranger Will Elder at Crissy Field Center, corner of Halleck and Mason streets.

**Shuttle through Time** (9/8, 10/13 II/10) Take the PresidiGo shuttle and travel through time as you hear stories spanning the centuries. Meet the ranger at the Officers' Club. Reservations required.

Tennessee Hollow Watershed

(10/II, II/8) Discover little-known El Polin Spring on a moderate, I-mile, lunch-hour walk. Explore the history of this unique ecosystem. Wear shoes suitable for descending and climbing slopes. Rain cancels. Meet the docent at Inspiration Point. Reservations required.

Walk on the Wild Side (9/25, 10/22) The Presidio contains wonderful natural areas to explore. Learn about plants, animals, and geology on this moderate 2-mile hike. Meet Docent Holly Mitten for this program. Call for meeting place. Reservations required.

Wings Over Crissy Field (9/21, 9/25) Join a moderate I-mile walk through the history of aviation at the Presidio. Meet Ranger Rik Penn at the Warming Hut, west end of Mason Street. &

# **STINSON BEACH**

The beach is open daily for picnics and recreational activities, 9 AM to shortly after sunset. No lifeguards on duty after Labor Day. For updates on hours of operation and the latest surf, tide, road, and weather conditions, phone 868-1922.

### SUTRO HEIGHTS/ SUTRO BATHS

For information, phone 561-4323.